



GL ROBERTS CVI

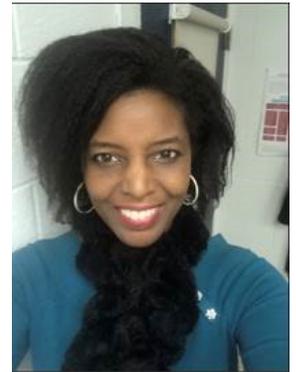
NEWSLETTER 2020-2021, Volume 3



A MESSAGE FROM OUR PRINCIPAL

Greetings to everyone!

As I look out the office window seeing so much sunshine, I celebrate how far we have come this year. Quadmester three started out for all students and staff with the virtual platform, and now this season has quickly moved forward relatively smoothly with momentum! With the changing educational landscape, I am proud of both GLR students and staff for their ability to adapt. The hybrid model of education has become the “new normal” and I am thankful to all parents, students and staff who have adapted to the impact of COVID-19. It has been wonderful to see learning take place and students earn an additional two credits this quad. Also, despite the protocols we have had to adhere to surrounding COVID-19, learning at GLR continues to be fun! Staff have been innovative with engaging students with creative activities like Spirit Week, Pink Shirt day, St. Patrick’s Day, Black History Month and World Autism Month. These events cause one to smile and notice the resiliency shown by all.



With recent fire tragedies affecting our schools, we have seen how our staff, students and school communities have been generous to support those who are hurting and experiencing vulnerability. Know that the GLR staff have gone over and above this year in supporting your children and thus partnering with you to show our students they are valued and that they matter.

During the last quadmester, we get to look forward to our grade 12 students accomplishing the huge milestone of graduating. There has been a shift in the DDSB schedule for grade 12s to finish their courses by June 18th. This allows for our school to properly plan this traditional milestone celebration in June, thus honouring the hard work of our graduating students and their classroom teachers. We are looking forward to preparing for this very special day as our Guidance team is planning the entire ceremony following all health and safety protocols. Having our grade 12 families participate in our drive /walk thru on June 25th will be a memorable afternoon for our graduates and their parents! More details will be coming forth from our Guidance team regarding this special day.

All in all, through this school year we have learned valuable lessons about the fragility and resiliency of our communities. Let’s continue to work together to take care of ourselves and each other.

Looking forward to the last stretch! Here’s to Quadmester 4!

Jacqueline Crosby
Acting Principal



Mindful for Stressed Teens (virtual)

For Teens between 15 and 18 years old

Learn strategies to better manage stress and deal with problems and difficult feelings. Mindfulness is a way to be aware of your thoughts and feelings in the present moment. Join this free 6-week group today!

Call Danielle from Carea at 905-723-0036 x1216

★ ZOOM Meetings, Wednesdays

April 21 to May 26

4:00 pm to 5:30 pm



Following Covid Protocols



Taking it up a notch, following COVID protocols, GLR Staff are making the most of their visors and safety glasses, setting a positive example and embracing new fashion trends! Health and safety come first! Learn more about how to protect one another at [Bit.ly/3tIFM0b](https://bit.ly/3tIFM0b) #DDSBWellBeing #StoptheSpread




MASK TIPS

for Outdoors and Packing Extra Masks

- ✓ Replace masks that become wet or frozen in cold weather.
- ✓ Consider packing extra masks for children to replace masks that become wet or dirty.
- ✓ Maintain a physical distance of 2 metres if someone must remove their mask while outdoors.
- ✗ DO NOT use neck warmers or scarves in place of masks because they do not form a seal around the nose and mouth.



Thank you to everyone for continuing to follow safe practices. A reminder that **masks are required to be worn by students in Grades 1–12 while at school.** This includes



while outside when physical distancing cannot be maintained. Learn more at : bit.ly/3cFHvOh #DDSBWellBeing

Mandatory Daily Covid-19 Self-Screening

Every Student who has 1 new or worsening symptom must stay home until:
They receive a negative test result
Or... They receive an alternate diagnosis by a healthcare provider
Or... It's been 10 days since the start of symptoms and they feel better.

Students may complete daily self-screening at:
covid-19.ontario.ca/school-screening

RESPECT, RESPONSIBILITY & EXCELLENCE AWARD WINNERS!

Here at G.L. Roberts, we like to acknowledge students who work hard and go the 'extra mile' in their efforts and actions. Our staff members nominate students and three recipients are chosen twice a semester who exemplify respect, responsibility and excellence. We are proud to announce our third set of winners!

RESPECT



The winning nomination for our respect award is Sarah Tidd. Sarah is always on time and communicates very respectfully to her peers and teachers. She is kind and caring also, helping others with a very sunny disposition, which we can all use during this pandemic!



RESPONSIBILITY

The winner of our responsibility award this quadmester is Shelby Taylor-Burge. Shelby arrives to class on time each day and is very helpful with classroom discussions and helping others that are in need. Shelby also has great time management skills which ensures that all work is completed on time.



EXCELLENCE



Our excellence award is a tie this round! Emma Hooper and Alex Zaichkowski have both been doing incredibly well in their math course! They have both worked very hard this quadmester and have a new-found admiration for math, despite previous trepidations. In fact, they have done so well that they now help other students when in need, which shows true mastery in math!

MENTAL HEALTH & WELL BEING

As an important component of cultivating learning spaces in which all students can thrive, we focus on developing and sustaining strong, healthy, and safe relationships between students, staff and our school community.

This has been a challenging year for everyone, and it's okay to not be okay; talking about our feelings and worries and reaching out for help is okay too. **We are here to help.**

As students needs for supports have increased this year, our staff are alert and attuned to those students who may require an additional level of support.

Each school has a mental health team, comprised of members of our Psychological Services and Social Work Services teams, who are available to support the mental health needs of students; to work directly with students and families; and to help access community-based supports.



Should students or parents/guardians not feel comfortable reaching out through school staff, they can connect with someone directly by utilizing the Connect with our Mental Health Team button on the front page of the DDSB website or by visiting this link: <https://www.ddsb.ca/en/family-and-community-support/mental-health.aspx#Connect-with-our-Mental-Health-Team>

THANKS TO FEED THE NEED



We were thrilled and grateful to receive a donation of 800 full size bags of Goldfish Crackers from *Feed the Need* February 24th. The donation was made on behalf of the *Durham Crusaders Hockey Team* in Whitby. This under 13 boys hockey team took up a video game challenge to 'play for soup'! Campbell's Soup responded by donating Goldfish Crackers to Durham's *Feed the Need* Program in their name. As a result, *Feed the Need* reached out to schools across Durham to distribute the crackers in support of our various nutrition programs, including GLR's Grab and Go Lunch! As Robyn from *Feed the Need* so eloquently put it, "*Durham Crusaders* are real 'Souper' Heroes!"



Thanks to Robyn and her own team of Heroes from *Feed the Need*, for their generosity, and dedication to student nutrition!



THE POWER OF POSITIVITY



The PLP class is participating in the Canadian Post Card Exchange. A lot of positive and uplifting messages are being shared. Thank you to Ms. Jovel's class for spreading positivity and making a difference by sharing their affirmations. We are all in this together!



THE NEED TO READ



Oshawa Public Libraries are now a part of the largest CloudLibrary consortium in the world. 32 Libraries in Ontario are linked. This gives readers access to nearly 300,000 copies in the shared collection. You can access audio and ebooks now at oshlib.ca/ebooks.



SEWING UP SOME LOVE

GLR's PLP Students were busy sewing up some love, creating handmade fabric hearts for their valentines. Nice job!



PINK SHIRT DAY for Anti Bullying



Did you Know?

In Nova Scotia in 2007, Grade 12 students saw a Grade 9 student being bullied for wearing a pink shirt on the first day of school. These compassionate individuals felt that they had to do something to show that this behavior was unacceptable. They decided to buy pink shirts and hand them out to other students to wear. By the end of the week, the majority of students in the school were wearing pink shirts to show their support of the bullied student. Their actions have inspired a movement across Canada.



GLR Students and Staff work together to treat each other and others with dignity and respect, encouraging healthy self esteem, empathy, compassion and kindness. Bullying STOPS Here! We are proud to make our community stronger together.

SHOWING GLR SPIRIT!

GLR shows our resiliency through school spirit! Returning to in-person learning definitely comes with some perks! It's wonderful to see our peers and colleagues once again and take advantage of the chance to show our silly side! Spirit week's are great ice breakers and fun for students *and* staff! We're glad to see everyone back and embracing their GLR spirit! Mr. Peel leads by example with his wacky blue wig, and yes, this student does have a turkey on her head! This was hands-down my favorite hat of the day!



WELCOMING SPRING

Spring is definitely in the air and has inspired GLR PLP Students and Staff to create this delightful spring display in our main hallway. We are all elated that the warmer weather has arrived, and appreciate our PLP's creativity.



ANTI-BLACK RACISM



In case you missed it, check out...

How to talk to your children about anti-Black racism.

with Bee Quammie

Part of the DDSB Parent Engagement Series

View the webinar here... youtu.be/pyygYSgAR6k



The DDSB welcomed acclaimed public speaker, writer, social media influencer and parent Bee Quammie to speak with parents/guardians on “How to Talk to Your Children about Anti-Black Racism” as part of the DDSB’s Parent Engagement Series. Ms. Quammie was joined by over 650 people as they watched this virtual event live on this very important topic.

We have made the video available for parents/guardians to watch as part of our commitment to combat anti-Black racism and provide resources to support and encourage parents/guardians through the DDSB Parent Involvement Committee.

To view the webinar, visit: <https://www.youtube.com/watch?v=pyygYSgAR6k>.

DDSB is committed to serving our students with the dignity and equality inherent in every human.

ANTI-BLACK RACISM



Anti-Black Racism: Anti-Black Racism is defined as policies and practices rooted in Canadian institutions such as education, health care, and justice that mirror and reinforce beliefs, attitudes, prejudice, stereotyping and/or discrimination towards people of Black-African descent.

Inclusion: Inclusion recognizes, welcomes, and makes space for diversity. Diversity of thought, experiences, skills and talents.

Black families bring their resilience, strength and rich heritage to home life, work, and school each day. Their lived experiences also tell us that they routinely navigate historic and current effects of Anti-Black racism while doing so. In the current climate where public attention to Anti-Black racism, acknowledgement of its impact, and commitment to change has increased significantly, families may find themselves entering into discussions about race and racism more than ever.

Children and youth are vulnerable to the effects of Anti-Black Racism. They may experience it first-hand at school and in the community, or indirectly, by hearing about it in adult conversations or witnessing its effects on others. Young people may differ in their abilities to share the impact of their experiences with Anti-Black Racism or to even understand the nature of the microaggressions they experience. Most often the impact of Anti-Black Racism on youth can be seen through changes in their behaviour, for example:

- Changes in play or academic performance
- Reverting to “younger” behaviours
- Reluctance to attend school/school avoidance
- Complaints of bullying
- Withdrawn behaviour or loss of interest in regular activities
- Decreased self-esteem
- Increased anger, worry, fear or loss of hope.

There are many resources that can be accessed to boost self-esteem, increase self-knowledge and foster pride in the histories and achievements of Black peoples. Below are a few mental health supports to help address and reduce suffering, and to provide coping strategies.

Across Boundaries: Across Boundaries provides a dynamic range of mental health support and services and works within Anti-Racism/Anti-Black racism and Anti-Oppression frameworks. These frameworks address the negative impact of racism and discrimination on mental health and well-being. Website: across-boundaries.ca/ Telephone: (416) 787-3007

CAFCCAN: CAFCCAN Caribbean African Canadian Social Services Caribbean African Canadian Social Services is a not-for-profit agency whose primary focus is on building and strengthening the service framework for African Canadians through the use of psycho-social interventional approaches. Website: cafccan.org Telephone: (416) 740-1056

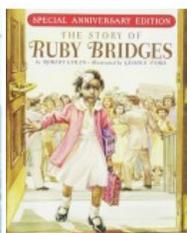
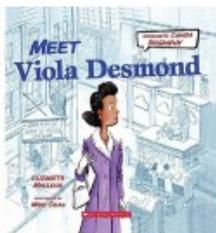
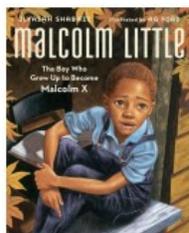
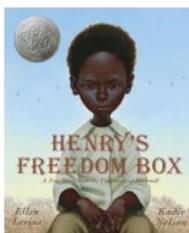
Side by Side Family Centre : Side by Side Family Centre (SBSFC) is a non-profit organization, established in February 2019; is a Durham based organization that provides a space for members of the Black community, and other racialized and diverse groups to engage in programming that empowers their lives. This organization was established to meet the social and culturally-specific needs of this growing population in Durham Region through culturally focused programs such as counselling, parenting, educational, mentorship, and child and youth development programs. Website: sidebysidefamilycentre.org Telephone: (905) 409-0299, (416) 518-1569

The above has been *Excerpted from DDSB Ignite Learning “Addressing Anti-Black Racism & It’s Impact”*

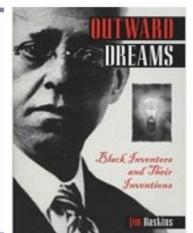
Access the complete Document and Well-Being Toolkit for Families as follows:

<https://www.ddsb.ca/en/family-and-community-support/resources/Documents/Your-Well-Being-Matters/Anti-Black-Racism-Toolkit.pdf>

Books
for
Kids...



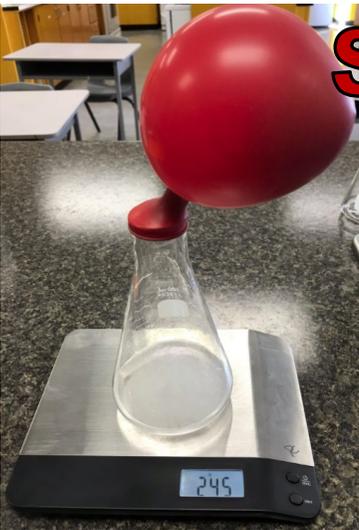
Books
for
Adults...



POSITIVE CHARACTER TRAITS

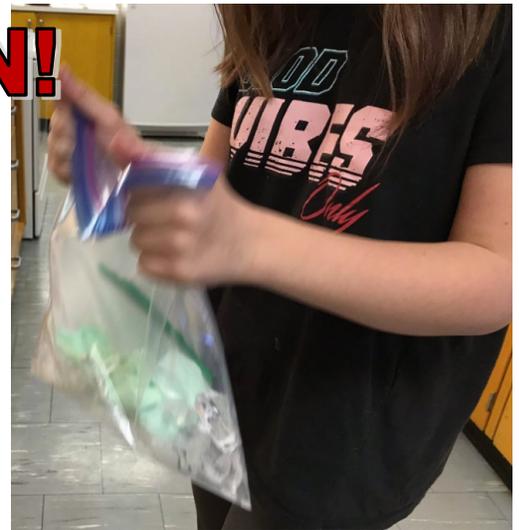


Our GL Roberts Community believes in promoting important character traits throughout the entire school year! Teachers, parents and community members all impact the character development of our students and help to create a positive school climate. We are committed to modelling and encouraging positive and respectful behavior.



SCIENCE FUN!

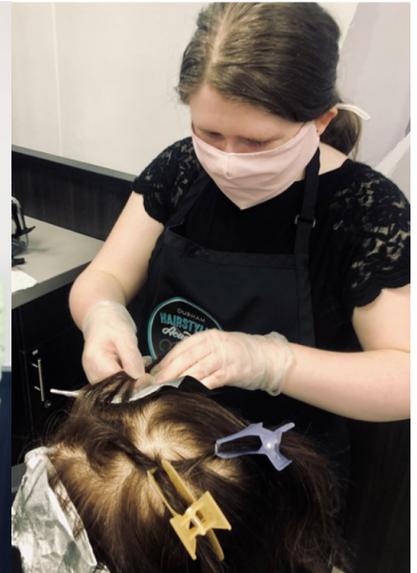
Where can you have fun with Science? Chef Mike's class, that's where! Chef and his Grade 9 hospitality students learned to cook with gas (and atoms). They were also treated to the chemistry of making ice cream!



HAIRSTYLING



Hairstyling students are making positive progress with coloring techniques at GLR!



GLR ART



Quad 3 students in Ms. Davis' grade 10 Visual Arts Class were able to quickly master pen & ink technique during their in-class sessions. They had to create over 40 different 2D textures. They also worked on acrylic painting techniques and developed their drawing skills. Congratulations on your beautiful works of art!



NATIVE STUDIES

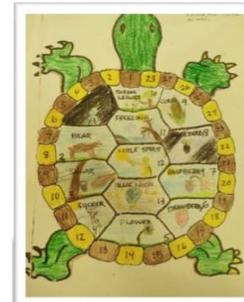
Ms. Davis' NAC101 Students learned about the Indigenous Peoples of Canada: First Nations, Metis and Inuit.



Students drew beautiful beadwork designs to highlight the Metis.



Print Booklets inspired by Cape Dorset Inuit



Ojibwe Moon Calendar



Wampum Inspired bracelets

PE...Goes Outside!

Spring has Sprung!

The last couple of weeks the health and physical education classes have enjoyed some great weather to get outside. Classes have been working on their running, walking, tennis, football, ultimate frisbee, basketball and soccer. Let's hope the weather keeps up with sunshine and warmer conditions so that Quad 4 classes can get outside too!



GUIDANCE NEWS

Did you know, the new accelerated *PSW program at Ontario Colleges* includes: *no tuition fee*, funding for expenses, a condensed schedule and a full credential in 6 months, hands-on experience and a paid work placement!

[Ontariocolleges.ca/psw](https://ontariocolleges.ca/psw)



It's Time For Free Education. Become a Personal Support Worker

GRAD NEWS

Hours for 2020-21 Graduating Students

- ✓ Minimum 20 hours of community involvement activities
- ✓ Flexibility in meeting community involvement hour requirements

The Ministry of Education has introduced flexibility in meeting the community involvement hour requirements for students graduating in the 2020-21 school year, along with reducing the total number of hours required. Learn more about these changes at bit.ly/3gDIXqZ



2020/2021 Grad Date
June 25, 2021
Details to follow....

SUMMER SCHOOL



Information about Secondary

Summer School programs is now available at bit.ly/3r71R6x. With continued safety measures in effect at schools due to the COVID-19 pandemic, all Durham Continuing Education summer programs will be offered through online learning this summer. Depending on the program, online learning will be either in synchronous/real-time or asynchronous/flex-time mode.

Synchronous/Real Time: Learning that happens in real time involving the use of text, video, or voice communication in a way that enables

educators to instruct and connect with students in real time. Synchronous/Real-Time delivery supports students with an interactive and engaging way to learn.

Asynchronous/Flex Time: Learning that is not delivered in real time. Asynchronous/Flex Time learning is supported by a teacher in the D2L Brightspace platform and may involve students watching pre-recorded video lessons, completing assigned tasks, or contributing to online discussion boards.

DCE summer school link: <https://www.dce.ca/en/summer-school/summer-school-2021.aspx>

Once students find a course they want to take they will need to log into www.myblueprint.ca/ddsb to register for the summer school course. Written instructions for myblueprint summer school registration - https://docs.google.com/document/d/12veSG4mleiW35ssIV-lxTxHtEAIJKWfKsIEWz_VZiKA/edit?usp=sharing

**YOUR CHILD
THEIR FUTURE!**



**REGISTER
NOW!**

Virtual Skilled Trade Event

April 28th, 2021

6:30 PM - 8:30 PM

This event is open to Parents/Guardians
and Students in Grades 7 to 12



Keynote
Speaker:

Mandy Rennehan

Blue-Collar CEO & Founder
Freshco.ca (not the grocery store!)

Mandy Rennehan (a.k.a. Bear) is called the Blue-Collar CEO™ for her ability to seamlessly navigate between the white and blue-collar worlds, and to respectfully 'tell it like it is'. Mandy is a sought-after speaker, multiple award-winning entrepreneur, philanthropist, and trade industry ambassador. Freshco and Mandy have received countless business awards including: Canada's Most Admired CEO, Atlantic Business Magazine's Top CEO for the Atlantic provinces, Toronto Region Board of Trade Business Leader of the Year, Top 25 Women of Influence... the list goes on!

Learning
about:

- » Benefits of Skilled Trade jobs and dispelling the stigma associated with skilled trade workers
- » Skilled trade programs currently offered to elementary and secondary students at Durham District School Board

Presenters:

Denise Stirton, OYAP Co-op/Facilitator
Jennette Walton, Community Connected Experiential Learning Facilitator
Jennifer Parrington, Program Facilitator, Specialist High Skills Major

Please note spaces are limited. To register visit: <http://bit.ly/oyapevent>



Teen Cuisine - Sizzle on Zoom

A virtually interactive program for grade 9 - 12 students who are interested in SIZZLING up dinner on Zoom.

- Simple, easy to prepare meals
- Health teachings on the Canadian Food Guide
- All ingredients and food supplies provided for FREE
- Food/ingredients to be picked up by participant
- Must receive parent permission to be involved



Zoom

4-week sessions

Fridays

4:00pm to 5:30pm

April 23 to May 14

Limited to 10 participants per session



To register or for more information call:

Ana at 905-723-0036 x1227

MESSAGE TO FAMILIES

RE: Updated Secondary School Year Calendars

Due to the province-wide postponement of March Break, the regular and modified secondary school cohort calendars for 2020-21 have been updated. Quadmester 4 is now scheduled to begin on Tuesday, April 20 with cohort B attending course 3 in-person that day.



Quadmesters

April 20, 2021—Quad 4 Begins
June 28, 2021—Quad 4 Credit Completion Day

Cohorted Fridays (during In-Person Learning)

April 23, 2021—Cohort A	May 28, 2021—Cohort A
April 30, 2021—Cohort A	June 4, 2021—Cohort A
May 7, 2021—Cohort A	June 11, 2021—Cohort A
May 14, 2021—Cohort B	June 18, 2021—Cohort B
May 21, 2021—Cohort B	June 25, 2021—Cohort B

Tentative Tech Support Days—Wednesday/Thursday/Alternate Fridays

April 21, 2021—Wednesday	May 26, 2021—Wednesday
April 22, 2021—Thursday	May 27, 2021—Thursday
April 23, 2021—Friday	June 2, 2021—Wednesday
April 28, 2021—Wednesday	June 3, 2021—Thursday
April 29, 2021—Thursday	June 4, 2021—Friday
May 5, 2021—Wednesday	June 9, 2021—Wednesday
May 6, 2021—Thursday	June 10, 2021—Thursday
May 7, 2021—Friday	June 16, 2021—Wednesday
May 12, 2021—Wednesday	June 17, 2021—Thursday
May 13, 2021—Thursday	June 18, 2021—Friday
May 19, 2021—Wednesday	June 23, 2021—Wednesday
May 20, 2021—Thursday	June 24, 2021—Thursday
May 21, 2021—Friday	June 30, 2021—Wednesday



UPCOMING IMPORTANT DATES & EVENTS

April 30, 2021—Q3 Digital Report Card Sent
May 24, 2021—Victoria Day Holiday
June 25, 2021—Graduation
June 29, 2021—PA/Board Holiday
June 30, 2021—PA/Board Holiday
July 8, 2021—Q4 Digital Report Card Sent

KIDS HELP PHONE

Kids Help Phone stands together against racism and in solidarity with any community that faces discrimination. Counsellors and crisis responders are available 24/7 for anyone who wants to chat.

 Text 686868

 KidsHelpPhone.ca

 Call 1-800-668-6868

 Message at Facebook.com/
CrisisTextLinepoweredbyKidsHelpPhone

