



# GL ROBERTS CVI

NEWSLETTER 2020-2021, Volume 2

## CONGRATULATIONS GLR GRADUATES!

December 17th and 18th welcomed the return of 2019/2020 Graduating Students to GLR with a drive-through Commencement procession. Although it was chilly, it was wonderful to see many of our graduates return to accept their diplomas and other various awards.

Ms. Evanoff and Mr. Broumeriotis were there to welcome and congratulate the Grads and to speak with them about their post-secondary journey so far. A big thank you to the Guidance Department, Administration, Secretarial Staff, Custodians, Mr. B. and of course the graduating class of 2020 for making these afternoon's a success, and creating a memorable experience for our deserving Grads.





## Greetings to everyone!

I hope that everyone had a restful winter break and enjoyed time with their loved ones. Seeing that this quadmester has included both in-person model and virtual learning we are proud of our students who continue to adapt to the hybrid model of education during this challenging time. In fact, many students were successful in earning their credits during quadmester 2 and we appreciate the effort put forth from all our staff and students.

Despite the protocols we have had to adhere to surrounding COVID-19, learning at GLR continues to be fun. Staff have been innovative with engaging students with creative activities and inspiring curriculum. We have had many events throughout quadmester 1 and 2 like spirit weeks, celebrations and learning opportunities.

During the last week just before the winter break, our graduating grade 12 students participated in our drive /walk thru on Dec. 17<sup>th</sup> and 18<sup>th</sup>. Connecting with these students was such a pleasure as we had the opportunity to hear about their personal and educational goals. Resiliency and perseverance are character traits our graduates will continue to carry as they navigate their post secondary journey. A big thank you to our Guidance team who planned the entire ceremony following all health and safety protocols, while providing a memorable afternoon for our graduates and their parents.

Thank you to our staff for their donations and the organization of providing a small gift bag to our students in the spirit of giving just before the winter break. We also ran the annual turkey give away and a big thank you to all the volunteers who executed this undertaking for our students and families.

I cannot tell you how much I've appreciated serving you as Principal of GL Roberts CVI. Five and half years ago, back in September 2014, I came to this school as a new Principal with my dear friend and colleague, Kendra Godin-Svoboda. Together we tried our best to re-culture the school community through a restorative framework and innovative programming. I'm so very appreciative that you followed our lead and embraced our practice. We established the tenants – Respect, Responsibility, and Excellence for our students to grab a hold of and push themselves to achieve more out of life. We know that an education brings freedom of choice and opportunity. As a community, you helped make this a reality. In January 2018, Basil Broumeriotis picked up the baton and ran with further development in programming, innovation, school renovation, and technology. I hope that I've contributed to expanding upon an already strong and proud foundation that has been established long ago.

Jacqueline Crosby has been promoted to Acting Principal at GL Roberts CVI. I am so very pleased to have worked alongside Jacqueline since July 2020. In that time, and through our mentorship, I believe that Jacqueline will continue to lead our school community with strength and kindness. Jacqueline leads with a restorative mindset, is collaborative, and has a strong student success and literacy background.

Working at GL Roberts CVI has greatly impacted me as an educator, leader, and overall person. I will never forget this wonderful community.

Stay strong, be kind, and continue to support each other.

Alison

Alison Evanoff



# STUDENT COUNCIL Creates GL Roberts CVI Promotional Video



This past Quad, GLR's student council and student volunteers worked incredibly hard to put together a promotional video for our school. The video highlights our unique learning spaces and programs that heighten student academic and extracurricular experiences. The video takes you on a tour of our school showcasing our Hair Salon, Lecture Theatre, Greenhouse, Woodshop, and many other engaging and exceptional teaching spaces.

[https://drive.google.com/file/d/1YBey1-VdfUGoybPF-\\_sY0gUHJ6W\\_tapW/view?usp=sharing](https://drive.google.com/file/d/1YBey1-VdfUGoybPF-_sY0gUHJ6W_tapW/view?usp=sharing)

## RESPECT, RESPONSIBILITY & EXCELLENCE AWARD WINNERS!

Here at G.L. Roberts, we like to acknowledge students who work hard and go the 'extra mile' in their efforts and actions. Our staff members nominate students and three recipients are chosen twice a semester who exemplify respect, responsibility and excellence. We are proud to announce our second set of winners!



### RESPECT—William Nevills & Savannah Burr

We have two students who tied for this round of respect! William Nevills has been a positive force in his science class, which keeps the class momentum moving forward in a respectful way. He also helps his peers and stays on top of tasks. Savannah Burr has been a very diligent and respectful student. She deserves big applause for her work in one of our PLP classes!



### RESPONSIBILITY—Raheem Hardy

Since the beginning of Quad 2, Raheem has consistently demonstrated his responsibility by communicating and continuing his at-home duties. His ability to demonstrate initiative has also been exemplified with his consistent correspondence. Despite his extra duties, Raheem continued to demonstrate excellent responsibility skills by seeking extra help, submitting all of his assignments on time and would even revise and resubmit work, which further improved his success.

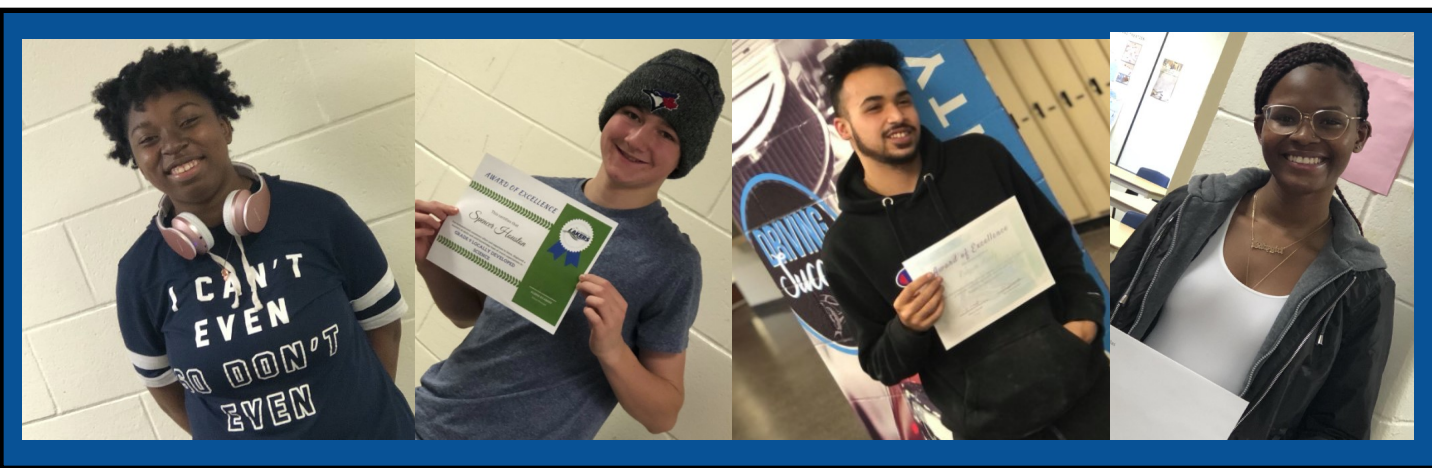


### EXCELLENCE—Christian Christopher

Christian Christopher always participates in his chemistry lessons, both in-person and online. These efforts have also paid off with excellent achievement! Christian keeps up with the difficult concepts and his effort is consistently top-notch!

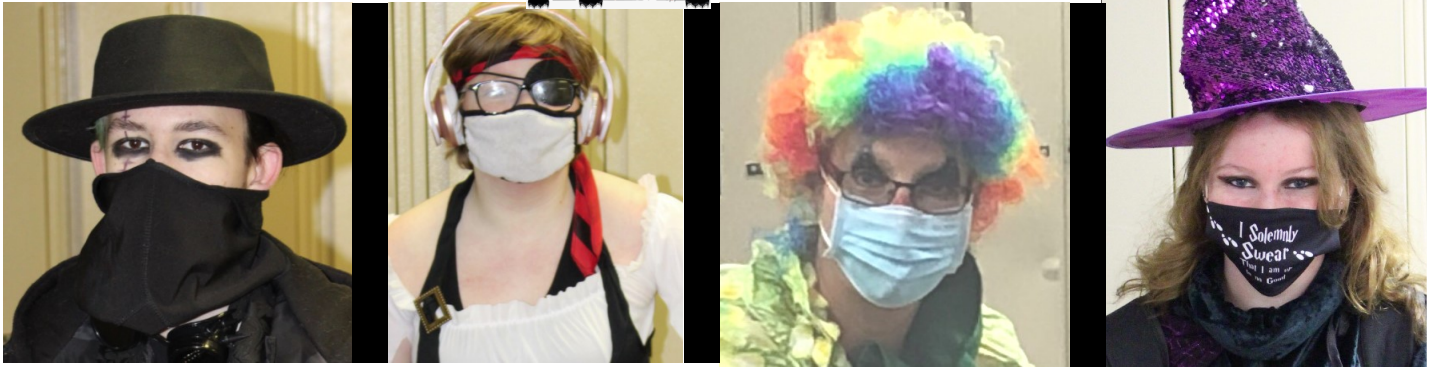
## STUDENT ACHIEVEMENT

Congratulations to all of the GLR 2019-2020 Student Achievement Awards recipients! Continue to aspire for excellence! We're so proud of you!



# SCHOOL HOLIDAY SPIRIT SHINES!

## HALLOWE'EK



Showing our Hallowe'en Spirit!



Doing some Spooktacular cooking at GLR in our individual kitchens.

## HANUKKAH!

GL Roberts celebrates Hanukkah! Thank you Ms. Davis and Chef Mike for making delicious Latkes!





# STUDENT HOLIDAY GIFT BAGS

GLR Staff embraced the spirit of giving this past holiday season by sharing small gift bags of joy with our students. In these times of social distancing, small gestures of appreciation and encouragement are welcomed! Keep caring and being amazing everyone!



# WELLNESS DAYS

## Wellness Days Are Back!

Wellness Days are back! Even though we are continuing to work and learn from home, we have support resources still available for our students. If you would like to speak with Danielle Grandmaison, our **social worker**, please feel free to reach out, using the following contact information: T: 905-723-0036 x1216 E: [grandmaison@careachc.ca](mailto:grandmaison@careachc.ca)



# BLACK HISTORY MONTH

## February is Black History Month.

Here at GLR, despite not being together as we traditionally are, we will still be celebrating the contributions of Black individuals in current society and throughout history. Some of the ways we will be celebrating include morning Black History trivia, where students can win prizes. Also, every morning, music by black singers and musicians (both past and present) will be played as students arrive at school. There will be posters for all students to view as they move about the building, with insightful quotes, and highlighting some key players throughout history.

We have also developed a Google Classroom for our Black Student Association - this is for any student who identifies as Black. Here in this virtual environment, students can access resources, videos and each other.

We look forward to another memorable Black History Month at G.L. Roberts and celebrate the contributions of people like Carrie M. Best. Canada Post issued a stamp featuring Dr. Best in February 2011 in honour of her efforts to dispel racism. She was well known across the country as an equal rights activist and was a founding member of the Kay Livingstone Visible Minority Women of Nova Scotia. Here she worked with women and young people to promote a sense of identity, pride of race, integrity and self – discipline.



# GREENHOUSE NEWS



## GROWING WITH GRAINGER!

Enjoying a peaceful day in the GLR Greenhouse!

Cloning succulent plants in Mr. Grainger's Horticulture class, using the leaf and 'pup' cloning methods. Succulents are drought-tolerant plants that thrive in hot/dry weather (like cacti), but they take a long time to reproduce.



Ms. Birney's  
Guitar Class



Bringing  
Melodies to  
the Pitt

## GUITAR 101

# HOSPITALITY

Chef Mike's Grade 10 Hospitality students rise to the occasion of their final kitchen cooking challenge ... meatballs ... poutine ...bahnmi ...YUM!



So proud of these awesome chef's in training!



# GLR ART

Art students learn about creating low relief sculpture by pushing (repousse) the copper in & out. A technique that has been used for over 5000 years. King Tuts mask and the Statue of Liberty are famous examples.





# Hospitality

## Cinnamon Bun Recipe

### Dough Step A

1 tsp Sugar  
1/2 Cup Warm Water  
1 Tbsp Yeast

### Dough Step B

1/2 Cup Milk  
1/4 Cup Sugar  
1/4 Cup Butter  
1 tsp Salt  
2 Eggs  
4 Cups Flour

### Filling

3/4 Cup Brown Sugar  
1/2 Cup Pecans or Walnuts  
1 Tbsp Cinnamon

### Syrup

3/4 Cup Butter  
3/4 Cup Brown Sugar  
1/2 Cup Pecans/Walnuts

## METHOD

### Dough

- Step A**—Combine sugar, warm water, and yeast and set aside for 10 minutes
- Step B**—Combine milk, sugar, butter, and salt (NOT eggs or flour yet!) in a small saucepan and gently warm. Let cool.
- A+B Combine A with B and the eggs in the Kitchen Aid using the dough hook.
- A+B—Blend 2 cups of the flour until smooth, stir in the other 2 cups of flour until it produces a soft slightly sticky dough.
- On a lightly floured surface, knead dough for 10 minutes until smooth and elastic. Set in a lightly greased large bowl and cover with cling film, label and place in the fridge overnight (or leave in a warm place for an hour so dough can double it's size, if finishing the recipe today).

### Filling

Combine Filling ingredients and set aside in a bowl or bag until ready for use.

### Syrup

Over medium heat whisk ingredients until smooth, then pour 3/4 of the syrup into a 13 x 9 inch dish.

### FINALLY:

On a lightly floured surface, roll out dough into 18 x 14 inch rectangle. Brush surface with melted butter leaving 1/2 inch border uncovered. Sprinkle buttered surface with filling, spread evenly. Start rolling a long side tightly, pinching seam to seal. Brush with butter. Cut into 15 pieces; place cut sides down in pan. Cover and let rise for 1 hour or doubled in size. Bake at 375 F for 25 to 30 minutes. Let stand for 3 minutes and then invert onto service tray and drizzle remaining syrup over top. **BON APPETITE!**

Hospitality class never smelled so good! Quad 2 Students have been busy mastering their baking skills, making these sensational cinnamon buns and filling the air with a mouth-watering aroma.



From students learning vegetable cuts and safe knife skills, to full-on soup cookery! Delicious, home made comfort food! Well done!





# TAKE HOME MEALS... Grade 9 Food and Nutrition

During Distance, Stay-at-home learning, Ms. Floras-Matic and her Grade 9 Food and Nutrition class got creative with lessons in meal preparation. Ms. Floras-Matic arranged for students from her HFN10 class to safely pick-up containers of ingredients for at home, hands-on learning. The students prepared no-bake, homemade Muesli Bars and Mediterranean Chickpea Salad through these take-home meal kits during virtual class using Google Meet, and loved it!



**Homemade Muesli Bars** are super easy to make! They only require 5 ingredients and one bowl, and take about 10 minutes. Students made these bars using a microwave instead of an oven to simplify cooking instructions. They melted coconut oil, honey and brown sugar, then added oats, rice cereal and remaining ingredients before chilling in the fridge. You can add in whatever extras you are craving, like coconut flakes, dried cranberries, nuts, or chocolate chips. This recipe freezes well and is super delicious!



**Mediterranean Chickpea Salad** is another nutritious, low prep meal. The chickpeas in the salad will keep you full for hours. This was the first time many of our grade 9's have tried chickpeas, and the recipe was a great success. If you're looking to enhance this salad and make it a dinner feature, feel free to add additional protein like chicken or salmon. What's unique about this meal is that you can substitute the existing veggies with any of your favorites, it's incredibly versatile; don't like bell peppers, then throw in some tomatoes instead! You can also add a kick to it by increasing the amount of red pepper flakes you use. Thank you to the HFN10 class for participating and doing a fantastic job with both recipes while learning from home!





# GUIDANCE NEWS

## College and University Applications

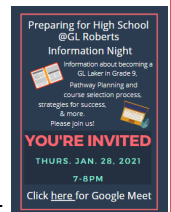
The deadlines for equal consideration for college and university for this coming September have passed. They were **January 15<sup>th</sup>** for **university** and **February 1<sup>st</sup>** for **college**. Students who are still interested in applying should contact the Guidance Office as soon as possible. They can contact Guidance through the Post-Secondary Information Google Classroom. Join code: **xish5dk**



Colleges and universities are providing multiple opportunities for online information, including information sessions on financial assistance. Additionally, students are encouraged to review the information posted on the **Post-Secondary Information Google Classroom** under the Classwork Topic: Scholarships and Bursaries.

## Grade 8 to 9 Transitioning Process

Our Guidance staff hosted an Information Night through Google Meet for the Grade 8 students and their families on Thursday January 28th, with much success. Course selection will be completed on-line this year, using [myBlueprint.com](https://myblueprint.com). Students are asked to review the “Grade 9 Preliminary Course Selection” with their caring adult and email it to [nicole.hart@ddsb.ca](mailto:nicole.hart@ddsb.ca) by **Friday February 12th, 2021**. Students may **submit** their course selections on myBlueprint between **February 16th-March 3rd, 2021**. If your child is going to become a student at G.L. Roberts for grade 9, starting September 2021, and have any questions, please do not hesitate to contact the Guidance Office at 905-728-7594.



## G.L. Roberts Course Selection for 2020-2021 School Year



Starting on **February 2nd**, current G.L. Roberts’ students were provided video tutorials and mini-lessons to help give some background knowledge about course offerings and review the course selection process for next year. This information was shared by their teachers, but can also be found on their Grade Google Classrooms. During the month of February, students should be independently reviewing their course selections for the upcoming school year. Once again, students will be choosing courses on-line, using [myBlueprint.com](https://myblueprint.com). Starting February 16th, Guidance counsellors will be hosting Online Support sessions with students to discuss the courses selection process. We ask that the parents discuss the choices with their children to ensure that they are making the best choices possible. Reviewing your student’s progress on myBlueprint can help students make decisions on course choices and pathway plans that best support their success. If there are any questions, please contact the Guidance Office at 905-728-7594.

# NEW STUDENT REGISTRATIONS FOR THE 2021-2022 SCHOOL YEAR

Durham District School Board (DDSB) requires online registration for new students in our schools. If your child is *transferring from one DDSB school to another*, this is a **returning student**.

If a student leaves DDSB and goes to another school board and then returns to a DDSB school, they are considered a **new student**. *Students returning to DDSB from another school board, and new students to the DDSB* will need to complete the **new student registration form**.

Both of these student registration options may be found on the GLR website by selecting “I WANT TO”, located on the home page at the top right.

DDSB schools follow the principles of a positive school climate and the code of conduct for everyone's safety.



# EDUCATION SAVINGS

## Canada Learning Bond—Virtual Sign-up

Get up to \$2,000 for your child's education from the Government of Canada.

Your child is eligible if they were born in 2004 or later and your family income is under \$48,000 per year. Find out how to get a Registered Education Savings Plan (RESP) and the Canada Learning Bond and start saving for your child's post-secondary education.

**No deposit of your own money is ever required** to get the Canada Learning Bond.

Go to [durham.ca/CanadaLearningBond](http://durham.ca/CanadaLearningBond) to access videos, information, resources, and in-person supports to get what you need for the Canada Learning Bond.

You can also call 1-888-341-8612 or e-mail [livingwithlowincome@durham.ca](mailto:livingwithlowincome@durham.ca).

## KNOW THE RISKS OF ONLINE GAMING



There are many positive aspects to online gaming. It can provide a fun distraction for kids, help to develop skills, help them learn about technology, and connect with friends. Unfortunately, online games can also pose safety risks for children and teens.

**Cyberbullying and harassment** through online gaming chat functions or message boards that can often be anonymous or targeted.

**Exposure to problematic content** such as violence, sexual content, gender or racial stereotypes, and exposure to inappropriate behavior from other players.

**Online luring.** Individuals with malicious intent have been known to frequent some popular multi-layer games and gaming platforms to connect with kids/youth through the game's chat and/or video chat capabilities. Some may encourage kids/youth to move to other video chatting sites or other chat platforms.

**Difficulty distinguishing reality from fantasy** especially with young children.

**Excessive playing** encouraged by the way online, multi-player games are designed. Online games can become habit-forming as they are built specifically to entice users to return often. This can have an impact on kid's physical and mental health.

**Unintentional or unauthorized purchase** within a game that could result in very large bills—adjusting the device settings and game purchasing settings such as removing credit card information can help minimize this risk.

**Exposure to inappropriate content** which can be missed by parental controls and filtering software — continually adjusting parental controls and filtering software settings to fine-tune how the features block or filter out inappropriate content can help reduce the risk. It's also a good idea to periodically check-in in case inappropriate content was not filtered out.

**Viruses and Malware/Ransomware.** Hackers may try to get kids to download infected files or encourage children/youth to visit infected websites on gaming forums.

**Privacy.** Personal information may be shared with third parties. Some gaming platforms may encourage users to link their gaming accounts with other social network platforms.



# PARENT ENGAGEMENT SERIES..... SAVE THE DATE

Wednesday, February 24, 2021 \* 7:00—9:00 pm



How to talk to your children about anti-Black racism?

## **Bee Quammie**

Join acclaimed public speaker, author, social media influencer and DDSB parent Bee Quammie as she guides us through speaking about anti-Black racism to our children. She will also provide practical tips as to what we can all do to make a difference right now! [www.beequammie.com](http://www.beequammie.com)

Opportunities for a Q&A and interactive breakout sessions will follow the keynote presentation.

Advance registration is required. To register please visit:

<https://bit.ly/ParentEngagementSeries@ParentsDDSB>

## UPCOMING IMPORTANT DATES & EVENTS



### Quadmesters

February 2, 2021—Quad 3 Begins

April 22, 2021—Quad 4 Begins

### Cohorted Fridays

February 5, 2021—Cohort A

February 19, 2021—Cohort A

February 26, 2021—Cohort A

March 5, 2021—Cohort A

March 26, 2021—Cohort B

April 9, 2021—Cohort A

April 16, 2021—Cohort B

April 23, 2021—Cohort A

### Tentative Tech Support Days—Wednesday/Thursday/Alternate Fridays

February 3, 2021—Wednesday

February 4, 2021—Thursday

February 5, 2021—Friday

February 10, 2021—Wednesday

February 11, 2021—Thursday

February 17, 2021—Wednesday

February 18, 2021—Thursday

February 19, 2021—Friday

February 24, 2021—Wednesday

February 25, 2021—Thursday

March 3, 2021—Wednesday

March 4, 2021—Thursday

March 5, 2021—Friday

March 10, 2021—Wednesday

March 11, 2021 - Thursday

March 24, 2021—Wednesday

March 25, 2021—Thursday

March 31, 2021—Wednesday

April 1, 2021—Thursday



### Dates to Remember

Thursday, February 11—Quad 2 Final Report Cards e-mailed to Parents/Guardians

Friday, February 12—PD Day

Monday, February 15—Family Day Holiday

February 16—26—Course Selections (tentative dates)

Wednesday, February 24—Pink Shirt Day (Anti-bullying awareness)

March 12—March 19—March Break

Friday, April 2—Good Friday—School Closed